

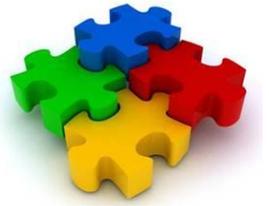
JIGSAW

(Joint Initiative Group for Stroke Awareness and Wellbeing)

NEWSLETTER

www.jigsaw-bsg.org.uk

Issue No 282 – March 2022



Hi Everyone

WOW! WE ARE BACK

We re-opened on Tuesday 8th of March at 1pm and had a great catch up with quizzes and chats. Thank you to the committee for the raffle prizes which raised £31.00 for JIGSAW.

Our next meeting was the 22nd of March which also was an informal drop in with lots of chat and a quiz.

We have lots more planned for later this year so check out dates for your diary on page 2. Please let us know if you have any requests/suggestions for any future events.

SAD NEWS

It is with deep regret that we are to inform you that George Greenlees died on the 7th of February 2022. Our condolences to Anne, family and friends.



Dates for your diary 2022

Remember – All meetings are the 2nd & 4th Tuesday of the month – sometimes there may be 3 weeks between dates – so please check the Newsletters or on the Website to confirm dates.

22nd March 2022 – Drop In

12th April 2022 – Entertainment singer – Stu Roach

NB EASTER 15th to 18th April 2022

26th April 2022 – Drop In

10th May – Entertainment singers – Luke and John

ANAGRAMS

1. PASS HER Clue-: WORDS MAKE THESE
2. MY WOLF ERA-: Clue FAMOUS VESSEL
3. ADD NOTE-: Clue GAVE
4. REST PAL-: Clue WOUND PROTECTOR
5. DASH IN GLEN-: Clue LANCS TOWN

The Crocus

Huddled together they caught the breath
Pale, light and dark mauve with bold orange
They sought the sun and clasped the light
As one displaying their togetherness
Many and yet – as one.
Announcing with joy the growth of Spring
As overnight they burst – into silent song
And crowned the glory of a new born day.

The poem above was written by our late member David Eccleshare. I hope you like it as much as I do.

BIRTHDAY GREETINGS FOR APRIL 2022

Arthur Platt Thomas Prendergast Phil Kelly Gina Unsworth

Barry Kilkenny Michael Connolly Kath Neary Sue Wright

Maureen Smethurst Jim Horrocks Kenneth Parker Anita Chazen

Janet Aspinall Karen Cullen Judith Taylor Lily Whistance

Put a spring in your step

Bolton Unity Project is holding a series of Thursday afternoon spring walks at:

- Writing 'workshop' at Walker Fold with nature writer Anita Sethi and the Woodland Trust - 31 March, 1pm
- Jumbles Reservoir - 7 April, 2pm
- Darwen Tower - 28 April, 2pm
- Anglezarke Reservoir - 12 May 2pm

All the walks are fairly gentle, around three miles and will last about 90 minutes. To take part email Keith Armstrong on tcc@bolton.gmim.org.uk and include the name and email address of each person who would like to attend. He will send more details. Or, let Linda or Gwyneth know and we will pass on your details

The Stroke Helpline is a place for information and support. If you or someone you know has been affected by stroke, or you want to know more information on how to reduce your risk of a stroke, please get in touch.

You can the Stroke Helpline on **0303 3033 100** or email helpline@stroke.org.uk.

You can also log on to [My Stroke Guide](#). The online support tool lets you speak to others affected by stroke, and provides trusted advice, information and support 24/7.

HUMOUR SECTION

**Always remember this: You do not stop laughing because you grow old.
You grow old when you stop laughing.**

My wife was really annoyed with me today. I put a stick in a non-stick pan.

I paid a carpenter upfront to make me a double bed and now he's done a bunk!

I've been found guilty of not using full stops. The judge says that I can expect a long sentence.

I just bought a Humpty Dumpty toy from Aldi. Absolute bargain: it comes with Aldi Kings horses and Aldi Kings men.

My inflatable house got a puncture. I now live in a flat.

I saw a man going up a hill with a wheelbarrow full of rabbit's feet and horseshoes. I thought, 'He's pushing his luck.'

Lollipop ladies make me cross.

You have £400 your daughter texts she needs £200 and your son texts he needs £150. How much do you have left? Me: £400 and 2 unread messages.

When I lost three fingers in an accident at work, I asked my doctor if I would still be able to write with it. He said 'It's possible, but I wouldn't count on it.'

I am trying some alternative milks. Not sure what magnesia is but it makes my cornflakes taste awful.

My friend's name is Keth. He is missing one eye.

I can tell, just by looking if someone is lying. I can also tell when they're standing.

EDITORS: Gwyneth Johnson and Linda Fell

If you wish to contact Gwyneth on any of the topics in the Newsletter then please call **Gwyneth on 07592 904021 or Linda on 07964 989226**. If you wish to receive your Newsletter by email rather than post, please email linda.jigsaw19@outlook.com

