

JIGSAW

(Joint Initiative Group for Stroke Awareness and Wellbeing)

NEWSLETTER

www.jigsaw-bsg.org.uk

Issue No 278 – November 2021



Hi Everyone

Plans are progressing for the re-opening of JIGSAW in January and we will be issuing forms for you re-elect or reject members of the present committee, with exception of Mary Downes who has resigned due to personal reasons. If you would like to nominate someone or wish to join the committee yourself, please let us know as soon as possible.

The Stroke Association held their Annual Stroke Group Network Conference as Online Event on the 12th of November and Linda Fell attended on behalf of JIGSAW. They confirmed they have re-organised in line with NHS regions and we are in the North West region as an independently run Stroke Support Group..

The **Stroke Association** have an online support service '**My Stroke Guide**' via their website (www.stroke.org.uk). If you have a computer/internet then give it a try, there's lots of information to assist stroke survivors and to find out how they manage recovery.

Take care of yourselves and remember when out and about that new guidance has been issued for England, in response to a new variant of COVID, **Omicron**, from the 30th of November to wear face masks if you can in most indoor settings. Let's hope that there are no further escalations that prevent indoor meetings again.

HANDS

FACE

SPACE



It is with deep regret that we have to tell you that Margaret Rowlands passed away in October. Our condolences to her family and friends.

ANSWERS TO THE OCTOBER QUIZ

1. What do costermongers sell? **Fruit and Veg.**, Clothes or Fish.
2. Whose daughter was Princess Dianna's stepmother? **Barbara Cartland.**
3. What is the full title of Petula Clark's song 'Don't sleep in the -----'? **Subway**
4. Travelling from Birmingham to Lancaster, which motorway are you on? The **M6**
5. Can you remember the title of Des O' Connors's only No 1 hit? **I pretend**
6. Who co-founded the Microsoft Corporation with Bill Gates in 1975? **Paul Allen**
7. Which author wrote Chitty Chitty Bang Bang? **Ian Fleming**
8. Which American singer had a top ten hit with the title song of the James Bond film 'Licence to Kill'? **Gladys Knight**
9. Scrumping is normally used for the act of stealing what? **Apples**
10. Where did Christopher Columbus land in 1492? Greenland, **The Bahamas** or Cuba.
11. Which singer and musician did 'The Glass Spider Tour'? **David Bowie**
12. Who wrote Only Fools and Horses? **John Sullivan**
13. Which writer of novels was the first one to be printed on a bank note?
Charles Dickens
14. What animal can be a Fairy, Emperor, or a King? **Penguin**
15. Which lady worked for the Banks, but knew nothing of investments? **Mary Poppins**
16. FISH TED? Clue-: MOVED **SHIFTED**
17. DEALS Clue-: 70's GLAM ROCK **SLADE**
18. LARGE HUT Clue-: HEE HEE **LAUGHTER**
19. GRAB MEL Clue-: RISK TAKER **GAMBLER**
20. CAME IN Clue-: SCREEN **CINEMA**

BIRTHDAY GREETINGS FOR DECEMBER 2021

Dorcas Wells Maureen Hargreaves Wendy Foy Sheila Pinder
Anne Baldwin Tony Cullen Marilyn Bowker Jim Carpenter Rhona Talbot
George Monaghan Tom Hurst Brian Pritchard Jean Booth

HUMOUR SECTION

**Always remember this: You do not stop laughing because you grow old.
You grow old when you stop laughing.**

Just bought a great book called 'Addiction'. I've read it twelve times.

Political Slogan – 'We intend to cut all homeless people in half by 2025'. That is going to be messy.

My pet mouse, Elvis has died. He was caught in a trap.

Police have arrested our daughter for burning our house down. Turns out, it was arson.

Addicted to seaweed? Sea kelp.

The man who invented knock – knock jokes has just won the 'No bell' Prize.

I got sacked as head chef when one of my staff lost a finger in a food mixer accident. I didn't do a proper whisk assessment.

My ventriloquist dummy has left me after 25 years. It was a complete golt of the glue.

I couldn't undo the buttons on my sweater so I tried pulling it over my head but it got stuck. I'm at the hospital waiting to see a cardylogist.

My wife switched off the TV whilst I was watching it. After a moment, I thought: 'This is'n't on.'

Thank you to the family and friends of James Allen.
It is much appreciated for your generosity donating to the up keep of Jigsaw in his memory.

NOVEMBER QUIZ

1. In the James Bond films six actors have played 007. Who is the shortest?
2. Which Brenda Lee single reached Number three in 1962?
3. Which ingredient is essential to the making of zabaglione? Double cream, Apricots or Egg Yolks?
4. Who is most likely to create carvings known as scrimshaw?
5. Which is the lowest of the five ranks in the British peerage system?
6. When was MI6 formed?
7. Which small mammal found in Britain has the name Talpa Europaea?
8. Which is the largest bay in the world? Bay of Biscay, Bay of Bengal or Baffin Bay?
9. What was the title of the only number 1 hit made by the Osmunds as a group?
10. What is the name given to a champagne bottle that holds the equivalent of 12 standard bottles?
11. FINE CANS Clue-: INCOME XXXXXXXX
12. INGAME Clue-: CODE XXXXXX
13. SOME REST Clue-: XXXXXXXX
14. HARD TUG Clue-: SHUT THAT DOOR! XXXXXXXX
15. HARSH TED Clue-: WHIPPED XXXXXXXX

CHRISTMAS POST

The latest dates for cards and gifts to arrive in the UK for Christmas are
Saturday 18th 2nd class and 2nd class signed for
Tuesday 21st 1st class and 1st class signed for
Thursday 23rd Special Delivery Guaranteed

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