

JIGSAW

(Joint Initiative Group for Stroke Awareness and Wellbeing)

NEWSLETTER

www.jigsaw-bsg.org.uk

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Hi Everyone

We have checked with Pam Bann in the Bolton Stroke Association to see if any national information is available about all groups' future activities and, unfortunately there is none.

So, Pam and Kathryn are trying to cover telephone messaging for our area and other groups outside Greater Manchester.

The message from the Stroke Association is still NO FACE-TO-FACE CONTACT. As this advice has not changed JIGSAW will not be able to meet for some while.

If you want any help or guidance you can contact them on 01204 895942 or via the national helpline 0303 303 3100 or email helpline@stroke.org.uk.

Additional resources can also be found on their website. You can find information and practical advice about life and wellbeing after stroke, including tips on [managing loneliness and isolation](#). Their online self-management tool, [My Stroke Guide](#), lets you speak to other stroke survivors and carers online.

KEEP SAFE

ANSWERS TO FEBRUARY QUIZ

1. Which continental resort lies across the Bay of Naples from Naples itself? **Sorrento**
2. What was the first name of 'Dracula' author Stoker? **Bram**
3. What part of the leg is known as the shinbone? **Tibia**
4. Which soft metal has the symbol Cu? **Copper**
5. Who wrote all the songs for 'The Lion King'? **Elton John**
6. Name the UK record label associated with a dog named Nipper? **HMV**
7. Who had a 1976 hit with 'Young Hearts Run Free'? **Candi Staton**
8. Gilbert and Sullivan: which one wrote the music? **Sir Arthur Sullivan**
9. What is the name of the river on which Chester stands? **Dee**
10. What name is given to a horse with black and white markings? **Piebald**
11. What was the first name of the 1940's Argentinian first lady? **Eva Peron**
12. Which royal residence is near the village of Crathie? **Balmoral**
13. What war was the 1969 hit 'Two Little Boys' about? **American Civil War**
14. What was Chuck Berry's only number one hit? **My - Ding - A - Ling**
15. Who went for a stroll in 'Baker Street'? **Gerry Rafferty**
16. Name Black Sabbath's debut hit? **Paranoid**
17. Which word completes the 1986 film title, with Clint Eastwood as star 'Heartbreak___'? **Ridge**
18. What word describes a person who always agrees with his superiors? **Yes man**
19. In which film did Cliff Richard sing 'Bachelor Boy'? **Summer Holiday**
20. Name Ronan Keating's 'Notting Hill' hit? **When you say nothing at all**

BIRTHDAY GREETINGS FOR APRIL 2021

Arthur Platt Eileen Daniel George Greenlees Thomas Prendergast Phil Kelly

Gina Unsworth Barry Kilkenny Michael Connolly Kath Neary

Sue Wright Maureen Smethurst Jim Horrocks Kenneth Parker Anita Chazen

Janet Aspinall Karen Cullen Judith Taylor Lily Whistance Judith Taylor

HUMOUR SECTION

**Always remember this: You do not stop laughing because you grow old.
You grow old when you stop laughing.**

Don't spell 'part' backwards. It's a trap.

I do all my own stunts but never intentionally.

You never appreciate what you have until it's gone. Toilet paper is a good example.

Not sure if my ceiling is the best ceiling ever but it's certainly up there.

Got home and there's a note on the table. 'I'm in casualty ' I watched all of it and didn't see her.

Flat earth society is reporting that social distancing measures are pushing some of its members over the edge.

Someone keeps sending me flowers with the heads cut off. I think I'm being stalked.

Never iron a four-leaf clover. You don't want to press your luck.

Just had an automated phone call saying I had won £50 or 2 tickets to see an Elvis tribute act. It said, 'Press 1 for the money, 2 for the show'.

My boss hates it when I call him Dick. His name's Steve.

Here's a little bit of advice, advi.

MARCH QUIZ/ANAGRAMS

1. 'Come Outside' was the only number one hit in 1962 for which performer?
2. Deuterium is a form of which gas?
3. Seattle is a major city in which US state?
4. Which film features Cybil Shepherd as 'Betsy'?
5. Saint Swithin was a Saxon Bishop of which city?
6. Which component of a car engine carries waste gas from the cylinder to the exhaust pipe?
7. Christian X was King of which country during the two world wars?
8. In which year did Sri Lanka play its first official Test Match 1962, 1972 or 1982?
9. In 1901, Albert Einstein acquired citizenship of which country?
10. The character 'Mrs Danvers' is the housekeeper at which fictional location?
11. Which Graham Greene novel features the character Harry Lime?
12. Orlando Bloom plays which character in the 'Lord of the Rings' films?
13. What colour is the chemical element chromium in its natural state?
14. What judge on the TV show 'The Voice' was featured on Usher's hit OMG?
15. HAT HERE – Clue: - Lucky Girl?
16. FAT PHOTO – Clue: - Best not to stray off this
17. GIVE ALL – Clue: - The Pub is the hub
18. A SUM BEER – Clue: - You won't feel this at JIGSAW
19. I ROT TOES – Clue: - Nice and slow
20. BOIL PLANT – Clue: - No need for an inkwell

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If you wish to contact Gwyneth on any of the topics in the Newsletter then please call **Gwyneth on 07592 904021**. If you wish to receive your Newsletter by email rather than post, please email linda.jigsaw19@outlook.com