

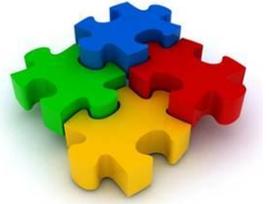
JIGSAW

(Joint Initiative Group for Stroke Awareness and Wellbeing)

NEWSLETTER

www.jigsaw-bsg.org.uk

Issue No 256- January 2020



A Happy New Year to you all

Our first 2020 meeting on the 14th of January began with a hot meal of Carrs pies and mushy peas. Everyone said these were tastier than the pasties so we've told Carrs of the opinions expressed by the members and will be in touch with them as the year goes on.

Due to the wet and windy weather conditions we did not have as many with us as we had hoped, and we also had some absences due to health problems.

Best wishes to those who are ill, in hospital or convalescing. We hope to see you soon.

We all enjoyed meeting up again as there was plenty of chatter and laughter. Congratulations to Les Taylor who won the football card.

As always or thanks to all our helpers who enabled us to start another year on a high note.

Our next meeting will be the Drop In on the 28th of January and will be at our usual time 1.00 pm to 3.00 pm when we will have our quizzes and exercise session.



Christmas Decorations

Thank you to Norma Elsby for raising over £100 donated by the members for her lovely handmade Christmas wreaths and decorations.

AGM - Tuesday 11th February 2020

If you feel you could help on the Committee, please contact Gwyneth or Linda as soon as possible for your name to be put forward.

BIRTHDAY GREETINGS FOR FEBRUARY 2020

George Holt Jean Holt Anne Greenlees Fred Haslam

Marie Gradwell Tony Coleman Linda Williams Susan Beswick

Ray Baker Margaret McLellan

THE SUNFLOWER LANYARD SCHEME

If you know someone who has a hidden disability such as autism, dementia or anxiety several stores including M & S, Sainsburys, Argos and Tesco have sunflower lanyards available.

If they wear the sunflower lanyard the store will know they may need extra help. It is hoped this will make shopping easier.

Jigsaw Dates for your Diary – January to February

28th of January 2020 – Drop In

11th of February 2020 – Annual General Meeting

25th of February 2020 – Drop In

TRANSPORT FOR GREATER MANCHESTER PENSION- AGE CONCESSIONARY BUS PASSES

From the 1st of February 2020 to use the Metrolink or trains within Greater Manchester for free during off peak times you need to add tram and train travel to your pass.

You can do this at the TfGM Travel shop at Bolton or Bury bus stations, online at getmethere.com or from the 25th of January 2020 at a PayPoint shop.

There is a £10.00 charge and the upgrade lasts for twelve months from the date of purchase.

WHEELCHAIR ACCESSIBLE TAXI PHONE NUMBERS

Here are a few numbers for your reference – all are roomy ‘Black Cab’ style Taxis: -

Nigel’s Taxi	07737 472847	
Stephen Jackson	07757 608034	
Wal	07866 740031	
Street Cars (Ajaz & Wajid)	07766 207454 (Ajaz)	07916 802833 (Wajid)
Bowcock Private Hire (Andy)	07860 801830	(Peugeot E7
Wheelchair Taxi)		
Ricksway Private Hire (Rick)	07958 788816	(Peugeot E7 Wheelchair Taxi)
Ken’s Cabs	07800 546876/0770 418 7735	

We are always on the lookout for Wheelchair Accessible Taxis – so if you have used one that is not on the list above please let us know and we can spread the word!

INFORMATION (for Stroke Survivors & Carers)

The Information Table is always being updated, as is the Book Library (more choice).

Books are located in the Coffee Lounge + we also have Audio Books on the Info Table. [Pop along and have a look there’s always something new!](#)

TRANSPORT

For members using Taxis (organised by Jigsaw)

Please don’t forget, if you require transport, please ensure you ring **Gwyneth on 07592 904021** on the Wednesday before the meeting date, to confirm your seat.

The cost for the transport will be **£8** per person (Return)

Pay Gwyneth/Linda on arrival at the meeting

In the event we need to use an alternative taxi the cost will be the same as above

HUMOUR SECTION

**Always remember this: You do not stop laughing because you grow old.
You grow old when you stop laughing.**

A New Year Prayer
for the Elderly:

God, grant me the
senility to forget the
people I never liked
anyway,
The good fortune to
run into the ones
that I do,
And the eyesight to
tell the difference.

The lights in a Chinese
restaurant were too
bright. The manager
decided to dim sum.

Where does Quasimodo keep
his rabbits?
In a 'Hutch, back of Notre
Dame'

Dear God, my prayer
for 2020 is a FAT bank
account and a THIN
body. Please don't mix
it up like you did for
2019.

A guy walks into the pub and sees his
friend paddy sat with two empty pint
Glasses. He says "Hi Paddy, do want
another one?"
Paddy replied "And why would I be
wanting another empty glass?"

Remember, Age is
important. But only if
you are a cheese or a fine
wine.

EDITORS: Gwyneth Johnson and Linda Fell

If you wish to contact Gwyneth on any of the topics in the Newsletter then please
call **Gwyneth on 07592 904021**

If you prefer to receive your newsletter by email please contact
linda.jigsaw19@outlook.com