

JIGSAW

(Joint Initiative Group for Stroke Awareness and Wellbeing)

NEWSLETTER

www.jigsaw-bsg.org.uk

Issue No 251 - August 2019



Hi Everyone



What a wonderful, happy time we had with the return of the fantastic Travellin' Strings. After the singing, feet tapping and arm waving we needed the break between sessions! It was great to see you all remembering earlier times.

The second session went equally as well and we are very grateful for all the members of the Strings, especially Elvis allowing us to let rip and enjoy our time together.

Thank you to Jim and Maureen for the sale of their home-grown tomatoes raising funds for Jigsaw which were delicious. More to come soon, they've promised!

BIRTHDAY CELEBRATIONS

Thank you to our July birthday members, Lynn Bridge, BC Patel and Gwen Hyams who brought food to the drop-in session. The samosas from BC Patel were especially tasty and Lynn's selection of small cakes went down very well. Gwen brought a large cake she had made that morning and it was still warm when it arrived and was equally enjoyable.

Jigsaw Dates for your Diary – 2019

Formal Meeting	'Drop In'
13th August (The Travellin' Strings) Musical afternoon	27th August
10th September (Spellbound) Film Show	24th September
8th October (Stu Roach) Singer	22nd October

Remember – All meetings are the 2nd & 4th Tuesday of the month – sometimes there may be 3 weeks between dates – so please check the Newsletters or on the Website to confirm dates.

INFORMATION (for Stroke Survivors & Carers)

The Information Table is always being updated, as is the Book Library (more choice).

Books are located in the Coffee Lounge + we also have Audio Books on the Info Table. **Pop along and have a look there's always something new! e.g. Neuro Physios, Wiltshire Farm Foods, Carers Info, Holidays, Stroke News magazine, Speakeasy and more.....**

'See It – Say It' Communication Aid

We have a supply of the above leaflet. This is useful for anyone with aphasia or communication problems and uses pictures to help with communication.

Normally retailing at £10 – Jigsaw has them available for members at £4. So, if you wish to have one, please see Gwyneth at the next meeting

JIGSAW POLICIES

Copies of Jigsaw's Constitution, Equal Opportunities Policy, Health & Safety Policy, Fire Procedure and Safeguarding Adults at Risk Policy have been updated and are on display on the 'Information table'.

The Policies help to guide Jigsaw and incorporate new legislation.

If you would like a personal copy, please ask.

TRANSPORT

For members using Taxis (organised by Jigsaw)

Please don't forget, if you require transport, please ensure you ring **Gwyneth on 07592 904021** on the Wednesday before the meeting date, to confirm your seat.

The cost for the transport will be **£8** (Return)

Pay Gwyneth/Linda on arrival at the meeting

In the event we need to use an alternative taxi the cost will be the same as above

WHEELCHAIR ACCESSIBLE TAXI PHONE NUMBERS

Here are a few numbers for your reference – all are roomy 'Black Cab' style Taxis: -

Nigel's Taxi	07737 472847	
Stephen Jackson	07757 608034	
Wal	07866 740031	
Street Cars (Ajaz & Wajid)	07766 207454 (Ajaz)	07916 802833 (Wajid)
Bowcock Private Hire (Andy)	07860 801830	(Peugeot E7 Wheelchair Taxi)
Ricksway Private Hire (Rick)	07958 788816	(Peugeot E7 Wheelchair Taxi)
Ken's Cabs	07800 546876/0770 418 7735	

We are always on the lookout for Wheelchair Accessible Taxis – so if you have used one that is not on the list above please let us know and we can spread the word!

(if you know of any with a tail-lift do let us know – We are aware that most of these are on contract for school runs during the day but can be available outside these hours).

BIRTHDAY GREETINGS

For September 2019

Barbara Butler Sandra Jones Mike Hallam Ian Burns

Lynn Dingley Jean Greenall Ralph Livesey Marilyn Fletcher

Gwyneth Johnson Mary Downes Leanne Henstock Christine Hinsley

Mary Felton

Remember if we do not have your birthday details then we can't give you a mention

You will, we are sure, see some differences in the issue of the Newsletter now. In order to contain costs, it has been agreed that only one Newsletter will be printed each month which will be after the first meeting in the month when we have some form of entertainment.

The committee has a programme for the remainder of the year, the dates for which Lynn and Graham set up. Also, plans are progressing for a full programme for 2020. We are committed to ensure that this wonderful JIGSAW family will continue to meet and enjoy each other's company and participate in happy times.

To those of you who are unable to attend, or have suffered loss in family or amongst friends, we send our best wishes.

Our thanks to all our volunteers and helpers for their continued efforts to make each day special.

Always remember this: you do not stop laughing because you grow old. You grow old when you stop laughing.

OUTING - OLYMPUS FISH & CHIP RESTAURANT

DATE: MONDAY 14th October 2019 PRICE: £8.50 PER PERSON

Tasos and his team will welcome us back again for a 2-course Lunch (Main Course and Dessert). As they have extended their menu and we are a large party only the standard offering will be available. We are also limited to 66 people for this visit (Olympus' request).

You make your own way there and back.

Meeting at the Olympus at 11.30am – Orders will be taken at 12 Noon. Allow a couple of hours for a leisurely lunch so arrange for Taxi's/cars to pick you up at around 2.15pm - 2.30pm.

The list will be up at our meeting on 27th August 2019

EDITORS: Gwyneth Johnson/Linda Fell.

If you wish to contact us on any of the topics in the Newsletter then please call

Gwyneth 07592 904021 or Linda 07964 989226