

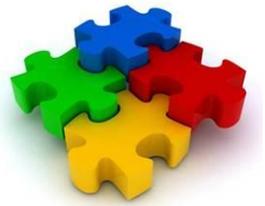
JIGSAW

(Joint Initiative Group for Stroke Awareness and Wellbeing)

NEWSLETTER

www.jigsaw-bsg.org.uk

Issue No 234 Tuesday 9th October 2018



Hi Everyone



We have had some great afternoons entertainment and today's act was right up there with the best of them. In the first half, Stuart Roach performed his 'Neil Diamond' tribute act and in the second half he 'rocked' us with his 'Glam Rock' act.

His Neil Diamond Voice was brilliant and very close to the original. Initially, I thought he was too loud but how wrong was I?

You were all singing along and banging the tables with the beat, so much so that Stuart made it part of his act! He told me that he had a great afternoon and watching all your faces and comments after the show I know all of you did. It took me back to Friday Night in Blighty's Cabaret Club, Farnworth in the 70's.

There was a great selection of Neil Diamond hits – 'Beautiful Noise'. 'Kentucky Woman', 'I am, I Said', 'Hello', 'Sweet Caroline' to name but a few and the glam rock section had 'Tiger Feet', 'Hi Ho Silver Lining', 'I'm A Believer', 'Under the Moon of Love' and lots more. A great afternoon, 'thanks', Stuart and hope you can come back again in 2019.

Please don't forget – make sure you have completed your up-to-date Emergency Contact Forms/Feedback forms etc as soon as you can to make sure we comply with the Data Protection guidelines (see previous Newsletters).

We had a new member, Margaret visit us today, along with some of the Community Stroke Team. We hope you enjoyed your visit and will come again.

At the 'Drop In' on Tue 23rd October we hope to have 'Wiltshire farm Foods' visit and you can have an opportunity to see and taste a small sample of the meals and ask any questions about their service.

We send our best wishes to those who are ill, in hospital or convalescing and hope to see you soon.

'Many thanks' as always, go to our brilliant volunteers and helpers.

WEDNESDAY 3RD OCTOBER 2018 - THEATRE ORGAN HERITAGE CENTRE



"David Lobban and Joan"
(On the Compton Organ)

Bacon butties and a feast of great organ music, what more could you want?

The bacon butties were provided by Joan (thanks Joan) and the brilliant Organ Music was played by David Lobban who is one of the Blackpool Tower Organists. (See photo)

David played a lovely variety of tunes, on both the Wurlitzer and the Compton Organ, not at the same time of course, the power of the Compton was unbelievable and listening to it in the hands of a master was a real experience. Whenever David plays there is always a full house and today was no exception.

The Heritage Centre is set out in the form of the old cinemas and brought back many memories.

Some photos from the afternoon below:-



"Waiting for the bacon butties
and the music of course"



"The Wurlitzer"



"Memories"
"Snogging in the 1s/9d's"

Lynn apologises as she took several photo's but unfortunately many of them were 'blurred'. We also had 3 Raffle prize winners amongst the group!

Thanks to the Theatre Organ Centre for making us welcome. A great afternoon.

OLYMPUS FISH & CHIP RESTAURANT – MONDAY 15TH OCTOBER 2018

Two Course Lunch (Main & Dessert) (Make your own way there and back)

Special Price £5.00 per person (in memory of the late Anne Hayes)



Those going on this outing please be at the Olympus at 11.45am – Orders will be taken at approx 12 Noon.

It's a 2-course meal (main & dessert). Plenty of choice to suit most people.

Allow a couple of hours for a leisurely lunch (It takes some time to serve 66 people!) so arrange for Taxi's/cars to pick you up at around 2.15pm-2.30pm. **If you want to go on the 'wait list' in case of cancellation ring Lynn on 01204 387704. If you are unable to go on the day ring Graham on 07894 810901.**

CHRISTMAS LUNCH – HOLIDAY INN, BOLTON – TUESDAY 4TH DECEMBER 2018
(Make your own way there & back) £20 per person



The list for this event went up at the last meeting and we had a good response (some places left). **If you want to go on this outing please ensure you contact Lynn as soon as possible. (limited numbers)**

There will be a 3-course Christmas Lunch followed by coffee & mints plus entertainment for the afternoon. (Menu forms now available)

If you have specific dietary requirements you need to advise as soon as possible.

As in previous years, you **make your own way there and back** and we suggest you use taxi's or car share. Parking on site is limited and it will be much easier for you to be dropped off at the door and collected later in the afternoon.

Parking at The Holiday Inn is under the management of 'Parking Eye' and you will need to ensure you register your vehicle registration number on arrival to qualify for free parking. Wheelchair users would be advised to park on the underground area of the Hotel as there is a lift to the ground floor. Topp Way multi-storey car park is also near-by and Genting Casino NCP Car Park is opposite the Hotel.

Arrival **11.45am for lunch served at 12.15pm.** Entertainment approx. 2.00pm to 3.45pm and **Russell Shaun** will join us once again to entertain for the afternoon. (Back by popular demand). Russell is a 'swing singer' with a brilliant voice. If you want to check him out have a look on 'You Tube'.
Tea / Coffee and biscuits approx. 3.45pm. Event finishes at 4.30pm.

We have the room for all afternoon so you can stay to relax and have a few drinks if you want. At last year's event, a few of us were still in the room at 5.30pm!

There is a lot of work goes on behind the scenes to try and provide an enjoyable afternoon for you all, so if some of you intend to leave early we would like you to tell us, so that maybe we can seat you on one table. That way the room can retain its atmosphere.



SAD NEWS – Elizabeth (known to all as ‘Betty’) Hall died Tuesday 2 October 2018



“Betty Hall”

It is with sadness that we have to report that Betty Hall has died.

Betty came to the group with her husband, Peter, several years ago and always came to the meetings and on outings whenever they could.

They really enjoyed being part of Jigsaw.

Although unable to come for many months, due to her illness, Betty & Peter always kept up to date with Jigsaw via the Newsletters.

Our sincere condolences to Peter and all the family.

MEETING – TUESDAY 13TH NOVEMBER 2018 – ‘THE ENTERTAINERS’ – ENTERTAIN



‘The Entertainers’ are the fundraising arm of the Farnworth Performing Arts Society. They have been to Jigsaw many times to sing for us and they have been brilliant.

This time their performance will be ‘Magic of the Musicals’.

Should be a great afternoon.

UPDATE ON FUTURE OF JIGSAW STROKE GROUP

Some of you may have seen the article about Jigsaw’s search for new volunteer officers (Chairman, Treasurer, Secretary) in the Bolton News on Thursday 27th September. If you would like to see a copy of the article, it is in the Publicity Folder on the Information Table.

To date we have had no response, but it is still early days yet!

Christmas Fundraising for Jigsaw



Jean, Margaret & Sue are hoping to knit some Mini-Christmas Puddings, that can be used for holding Chocolates (eg Ferrero Rocher or others) which can be used as Table ‘favours’ over Christmas. 50p each or 3 for £1, with money raised coming to Jigsaw. Available at the next ‘Drop In’ meeting on Tue 23rd October.

Remember just because you have a disability it shouldn't stop you enjoying life. You just have to do things differently and plan a bit more.

The **Stroke Association** recently launched an online support service '**My Stroke Guide**' via their website (www.stroke.org.uk). If you have a computer/internet then give it a try, there's lots of info to assist stroke survivors. It provides trusted information about types of stroke, risk factors & secondary conditions, advice on prevention & improving your health. There are practical tools/videos to help you understand stroke and help manage its effects. It includes a section for family/friends providing info on the impact of stroke and supporting loved ones. The online community connects to thousands of others to share stories/tips and to find out how they manage recovery.

Fundraising Concert for Muscular Dystrophy UK

Saturday 17th November 2018 at 7.30pm Price £10

(Children under 16yrs free)

The Concert features students from the Royal Northern College of Music and pupils from the Boys Division of Bolton School. There will also be stalls & a raffle at the Concert.

Event held at The Bridge Church Centre, 109 Bradford Street, Bolton BL2 1JX
Plenty of parking & it's wheelchair friendly

For tickets – please call Christine on 01204 841506

(Ticket price includes glass of wine/fruit juice & mince pie)

JIGSAW Christmas Party – Tuesday 11th December 2018

Christ Church 12.30pm - 4pm

£5.00 per person

NB: This is a ticket only event

The List for this event will be available at the 'Drop In' on 23rd October.

The Jigsaw Christmas Party will be held here at Christ Church and will include a Buffet lunch, Entertainment and Raffle.

Kenny Stephens is due to return to Jigsaw to entertain us with his singing.

Please note: The Party is held from **12.30pm – 4.00pm** (this is a slightly earlier time from our meetings and it is a 4pm finish – There is limited car parking and we suggest you come by taxi - **so arrange Taxi's for 4.15/4.30pm**). This will help ease traffic congestion in the Car Park and surrounding area!! **Please be prompt as we start the buffet at 12.30pm**

Numbered Tickets will be issued in due course. **Full programme in the next Newsletter.**

NOTICES

Dates for your Diary for Forthcoming Meetings in 2018

'Drop In'	Tuesday 23 rd October Chill & Chat, Quizzes + Exercises with Ben
Formal Meeting	Tuesday 13 th November 'The Entertainers' Entertain
'Drop In'	Tuesday 27 th November Chill & Chat, Quizzes + Exercises with Ben
Christmas Party (TICKET ONLY)	Tuesday 11 th December Buffet & Entertainment with Kenny Stephens

Jigsaw has a short break for Christmas & New Year and re-starts again Tue 8th January 2019
Remember – All meetings are the 2nd & 4th Tuesday of the month – sometimes there may be 3 weeks between dates – so please check the Newsletters or on the Website to confirm dates.

TRANSPORT

For members using Taxis (organised by Jigsaw)

Please don't forget, if you require transport, please ensure you ring Lynn on 01204 387704 on the Wednesday before the meeting date, to confirm your seat.

The cost for the transport will be £8 (Return)

Pay Graham on arrival at the meeting

In the event we need to use an alternative taxi the cost will be the same as above

INFORMATION (for Stroke Survivors & Carers)

The Information Table is always being updated, as is the Book Library (more choice).

Books are located in the Coffee Lounge + we also have Audio Books on the Info Table.

Pop along and have a look there's always something new! e.g. Neuro Physios, Wiltshire Farm Foods, Carers Info, Holidays, Stroke News magazine, Speakeasy and more.....

'See It – Say It' Communication Aid

We have a supply of the above leaflet. This is useful for anyone with aphasia or communication problems and uses pictures to help with communication. Normally retailing at £10 – Jigsaw has them available for members at £4. So, if you wish to have one, please see Lynn at the next meeting.

WHEELCHAIR ACCESSIBLE TAXI PHONE NUMBERS

Here are a few numbers for your reference – all are roomy 'Black Cab' style Taxis:-

Nigel's Taxi	07737 472847	
Stephen Jackson	07757 608034	
Wal	07866 740031	
Street Cars (Ajaz & Wajid)	07766 207454 (Ajaz)	07916 802833 (Wajid)
Bowcock Private Hire (Andy)	07860 801830	(Peugeot E7 Wheelchair Taxi)
Ricksway Private Hire (Rick)	07958 788816	(Peugeot E7 Wheelchair Taxi)
Ken's Cabs	07800 546876/0770 418 7735	

We are always on the lookout for Wheelchair Accessible Taxis – so if you have used one that is not on the list above please let us know and we can spread the word!

(If you know of any with a tail-lift do let us know – We are aware that most of these are on contract for school runs during the day but can be available outside these hours).

HUMOUR SECTION Always remember this: You do not stop laughing because you grow old. You grow old when you stop laughing.

What do you call a Cockerel looking at a plate of Lettuce?
'A Chicken Ceaser Salad'

Why did the Chicken go to a Seance?
'To get to the other side'

Aunt Mildred comes over for dinner. While four-year-old Mary's parents are in the kitchen, Aunt Mildred asks the youngster "What are we having for dinner?" Mary replies "Goat" Aunt Mary says "That sounds very exotic, are you sure that is what we are having?" "Oh yes" says Mary "I heard Daddy say that tonight is as good as any to have the old goat for dinner"

The 'sixth sick sheik's sixth sheep's sick' is thought to be the toughest tongue twister in the English language.

Doctor had to inform an elderly lady that her husband had died as a result of a massive myocardial infarct. A short while later he overheard her telling the rest of the family that her husband had died as a result of a massive internal fart.

A lady decides to paint her bedroom ceiling and to prevent paint dripping onto her hair she puts a pair of old knickers on her head. She says to her young daughter "If anybody comes to the front door let me know, as I don't want to have anybody seeing me with my knickers on my head" The doorbell rings, the little girl opens it and shouts "Mum, take your knickers off, the Milkman wants paying"

Two drunks in a bar arguing about religion. The first one said "I'll bet you a tenner, that you do not know the Lord's Prayer" The second one said "I certainly do, it starts with, 'Now I lay me down to sleep.'" The first man stopped him and said "Gawd, here's your tenner, I didn't think you knew it"

Fred goes to the doctor about his constipation. "I haven't been in weeks" says Fred. Every time I go to the toilet I sit there for hours but nothing happens" The doctor asks "have you taken anything?" Fred replies "only my book"

A man talking to a friend. "I blame my Mother being deaf as the reason she had 18 kids". "Explain" says the friend. The man says "when my Mum and dad went to bed, my dad would ask 'do you want to sleep or what?' My mother being deaf said "What"

"Barbara, didn't Elsie next door have implants?"
"No Mum, she has eggplants"

You may not have noticed but you never see a man walking down the street with a woman who has a bald patch and a pot belly.

There was a young parson called Perkins
Exceedingly fond of small gherkins
One evening at tea
He ate forty three
Which pickled his internal workings.

In the Personal Ads.
"Hi Barry Jones. Get in touch soon! Bring engagement ring, wedding ring and teething ring. I have news" Julie.

A man sent a text to a lady which read "I would love to take you out for a Coffee" She sent one back which said "You have spelt Gin wrong"

Martha was a friendly but clumsy usherette in my local cinema. The other night she tripped over, landed on her torch and showed herself up in the circle.

The Oak Tree

A mighty wind blew night and day
It stole the oak tree's leaves away
Then snapped its boughs and pulled its bark
Until the oak was tired and stark

But still the oak tree held its ground
While other trees fell all around
The weary wind gave up and spoke.
How can you still be standing Oak?

The oak tree said, I know that you
Can break each branch of mine in two
Carry every leaf away
Shake my limbs, and make me sway

But I have roots stretched in the earth
Growing stronger since my birth
You'll never touch them, for you see
They are the deepest part of me

Until today, I wasn't sure
Of just how much I could endure
But now I've found, with thanks to you
I'm stronger than I ever knew

Internet.

EDITOR: Graham Bridge.

If you wish to contact me on any of the topics in the
Newsletter then please call me on

01204 387704 or Mobile: 07894 810901