

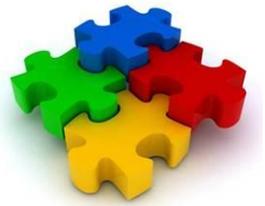
JIGSAW

(Joint Initiative Group for Stroke Awareness and Wellbeing)

NEWSLETTER

www.jigsaw-bsg.org.uk

Issue No 232 Tuesday 11th September 2018



Hi Everyone



"John Kearns"

In all my time in being associated with Jigsaw today's entertainment was the best I have experienced. There are many superlatives can be given to our singer for today, John Kearns, but in my opinion, he was simply stunning.

Many of you approached me to say what a superb afternoon you had and I just kept nodding my head in total agreement.

I have never been in that room where there was total silence for the whole of a performance. We were all spellbound by his voice and for me his closing rendition of "Phantom" was gobsmacking.

For the first half of his performance he treated us to 'Annie's song', 'Somewhere Over the Rainbow', 'Street where you live', 'Fly me to the Moon', 'My Way', and 'Sweet Caroline' to name a few.

The second half, John performed songs from Les Miserables - such as 'I Dreamed a Dream', 'On My Own', 'Bring Him Home', 'Empty Chairs and Empty Tables' and 'This is the Moment', all of which can only be described as 'mind blowing'.

A truly memorable afternoon.

Before the meeting we had a visit from Pauline who used to bring her Father, Fred and sometimes her Mother, Joyce. Her Father, Fred died a few years ago and sadly her Mother recently passed away. They had a collection in lieu of flowers and Pauline presented Jigsaw with cheques totalling £330.00 (See photo)



"Pauline presenting cheques to Jigsaw"

We did not complete the Football card so it will be Carried over to the next 'Drop In'.

Best wishes to those ill, in hospital or convalescing and hope to see you soon
Thanks to those who donated stamps and of course our helpers.

CANAL TRIPS – ROSE OF PARBOLD – Thursday 6th September 2018



"Mike and Me"

I wanted to say 'thank you' to the committee members and the helpers for all their support over the last ten years and arranged a canal trip. It was Mike's birthday (Mike and I hosted) and he decided to bring along several 'several' bottles of wine. Needless to say, we had a great day;

Some pictures below.



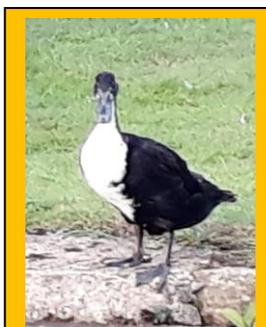
" Biscuits and Wine"



"Hold on Mike, you have had more than one glass"



"Wine is much better in a glass than a cup"



"We had a quacking good time"



"Chilly but fresh"

OLYMPUS FISH & CHIP RESTAURANT – MONDAY 15TH OCTOBER 2018
Two Course Lunch (Main & Dessert) (Make your own way there and back)
Special Price £5.00 per person (in memory of the late Anne Hayes)



Tasos, Ali & the team will be welcoming us back to the Olympus and providing full waitress/ waiter service for us as usual. We are limited to 66 people for this visit (Olympus' request).

You make your own way there and back.

There will be a 2-course meal (main & dessert). There is a good choice of food – you **don't** have to have the usual fish & chips – they have steamed fish, salmon, steak puddings, pies, jacket potatoes, moussaka, salads, sandwiches, homemade desserts, ice-cream etc). So, there is plenty of choice to suit most people.

Meeting at the Olympus at 11.45am – Orders will be taken at 12 Noon.

Allow a couple of hours for a leisurely lunch (It takes some time to serve 66 people!) so arrange for Taxi's/cars to pick you up at around 2.15pm-2.30pm.

If you are unable to attend the next meeting and want to go on this outing – please contact Lynn on 01204 387704 as soon as possible.

STROKE ASSOCIATION CHRISTMAS CARD COMPETITION 2019

Do you have a passion for painting, a flair for photography or a delight for design? The winning design will be **professionally printed and featured in the 2019 card selection** and several designs will be shortlisted for the corporate e-card design.

To enter, please send your original artwork and some information about yourself and your design to Stroke Association by Tuesday 29th January 2019.

Enter by email or post: Christmas Card Competition 2019, Stroke Association, 1 Sterling Business Park, Salthouse Road, Brackmills, Northampton NN4 7EX **Email: cardcompetition@stroke.org.uk**

Find out more on: www.stroke.org.uk

Or phone: **0207 566 1540**

WILTSHIRE FARM FOODS

Ever wondered what these frozen meals, delivered to your door are like? We are hoping to have Wiltshire Farm Foods pay a visit to Jigsaw at the 'Drop In' Meeting on **Tuesday 23rd October 2018**.

There will be a 'tasting' of some of the meals – so you can test the taste/quality and also ask any questions about their service.

The Autumn/Winter 2018 Brochure is available on the Information Table.

JIGSAW – FEEDBACK FORMS 2018

Each year we ask members to complete a 'Feedback Form' to see if we are running the group as you wish and if any improvements can be made. If you didn't attend the last meeting, can you please make sure you contact Lynn and obtain a form to complete. If we don't know something is wrong we can't change it, so make sure your opinion is known.

WEDNESDAY 3RD OCTOBER 2018 - THEATRE ORGAN HERITAGE CENTRE

£5.00 per person (includes Coach & Admission)



We are running a **small** trip to the Theatre in Patricroft, Eccles. **(Maximum 12 People)**.
(There is 1 place still available if you want to go)

There will be a performance by 'David Lobbon' who is one of the Blackpool Tower Organists and also performs all over the country on 'Wurlitzer' Organs.

NB: this is not Church organ music but covers many decades of dance/popular music on a 3-tier Wurlitzer Organ and is a very entertaining afternoon. The Theatre also houses a Museum accessed via stairs and has a stairlift for those using wheelchairs or who can't manage stairs. (You need to be able to transfer to a seat)

The Concert itself is from 1pm – 2.45pm with a short interval mid-way.

Departing Christ Church at 11am, returning from the Theatre at 3pm, and getting back to Christ Church approx. 4pm (traffic permitting).

You can either take a sandwich for your lunch or buy a snack at the Theatre (these include Bacon Butty's and Toasties, Hot Dogs, Toasted Teacakes, Crumpets, Biscuits). Tea/Coffee also available.

Ring Lynn as soon as possible if you are interested.

Remember just because you have a disability it shouldn't stop you enjoying life. You just have to do things differently and plan a bit more.

TUESDAY 9th OCTOBER 2018 – 'THE TRAVELLIN' STRINGS'



The Travellin' Strings have been in touch over last weekend to apologise but they are **unable to come to entertain Jigsaw on this date.**

Several of the group have had unfortunate accidents, which have left them unable to play their guitars or sing.

Another member of the group has to go into hospital on the date of their scheduled performance. Steve, who organises the group, said they hate having to cancel but they have no alternative on this occasion as these people are key performers. I have said that we would love to have them back next year and will try to arrange a date for 2019. They would love to come back.

We are trying to arrange an alternative entertainment for this date.

!!!Stop press: Stuart Roach – Neil Diamond Tribute Act will perform.

The **Stroke Association** recently launched an online support service '**My Stroke Guide**' via their website (www.stroke.org.uk). If you have a computer/internet then give it a try, there's lots of info to assist stroke survivors. It provides trusted information about types of stroke, risk factors & secondary conditions, advice on prevention & improving your health. There are practical tools/videos to help you understand stroke and help manage its effects. It includes a section for family/friends providing info on the impact of stroke and supporting loved ones. The online community connects to thousands of others to share stories/tips and to find out how they manage recovery.

DATA PROTECTION – (GDPR) - New Rules 2018

If you haven't yet completed a new Emergency Contact Form or given approval to receive the Jigsaw Newsletter please see Lynn as soon as possible.

ADVANCE NOTICE – CHRISTMAS EVENT 2018

**Tuesday 4th December
'Christmas Lunch'**

**Holiday Inn, Bolton Town Centre
Christmas Lunch with Entertainment
(Russell Shaun – Entertains – back by popular demand) (Make your own way there & back)**

(the list for this event will be up at the 'Drop In' on Tue 25 September with full details in the Newsletter later that week)

NOTICES

Dates for your Diary for Forthcoming Meetings in 2018

'Drop In'	Tuesday 25 th September Chill & Chat, Quizzes + Exercises with Ben
Formal Meeting	Tuesday 9 th October Stuart Roach sings (Neil Diamond Tribute Act)
'Drop In'	Tuesday 23 rd October Chill & Chat, Quizzes + Exercises with Ben
Formal Meeting	Tuesday 13 th November 'The Entertainers' Entertain

Remember – All meetings are the 2nd & 4th Tuesday of the month – sometimes there may be 3 weeks between dates – so please check the Newsletters or on the Website to confirm dates.

TRANSPORT

For members using Taxis (organised by Jigsaw)

Please don't forget, if you require transport, please ensure you ring Lynn on 01204 387704 on the Wednesday before the meeting date, to confirm your seat.

The cost for the transport will be £8 (Return)
Pay Graham on arrival at the meeting
In the event we need to use an alternative taxi the cost will be the same as above

INFORMATION (for Stroke Survivors & Carers)

The Information Table is always being updated, as is the Book Library (more choice). Books are located in the Coffee Lounge + we also have Audio Books on the Info Table.
Pop along and have a look there's always something new! e.g. Neuro Physios, Wiltshire Farm Foods, Carers Info, Holidays, Stroke News magazine, Speakeasy and more.....

'See It – Say It' Communication Aid

We have a supply of the above leaflet. This is useful for anyone with aphasia or communication problems and uses pictures to help with communication. Normally retailing at £10 – Jigsaw has them available for members at £4. So, if you wish to have one, please see Lynn at the next meeting.

WHEELCHAIR ACCESSIBLE TAXI PHONE NUMBERS

Here are a few numbers for your reference – all are roomy 'Black Cab' style Taxis:-

Nigel's Taxi	07737 472847
Stephen Jackson	07757 608034
Wal	07866 740031
Street Cars (Ajaz & Wajid)	07766 207454 (Ajaz) 07916 802833 (Wajid)
Bowcock Private Hire (Andy)	07860 801830 (Peugeot E7 Wheelchair Taxi)
Ricksway Private Hire (Rick)	07958 788816 (Peugeot E7 Wheelchair Taxi)
Ken's Cabs	07800 546876/0770 418 7735

We are always on the lookout for Wheelchair Accessible Taxis – so if you have used one that is not on the list above please let us know and we can spread the word! (If you know of any with a tail-lift do let us know – We are aware that most of these are on contract for school runs during the day but can be available outside these hours).

HUMOUR SECTION Always remember this: You do not stop laughing because you grow old. You grow old when you stop laughing.

I was in Dublin and went to an 'Unusual Pet' competition. A lad from Belfast won it with a tin of Salmon

I went into a butcher's and I said, 'I'll have a pound of sausages. 'He said, 'I'm very sorry, sir, we only serve kilos in here. 'I said, 'Okay then I'll have a pound of kilos.'

A man is walking down the street when he meets a friend who happens to have only one arm.
"What are you up to today?" he asks his friend.
"I'm going to change a light bulb."
"Won't that be difficult with just one arm?"
"I shouldn't think so, I've got the receipt."

At an international conference a Spanish guy notices that a lovely Swedish girl is in the next room to his. In the evening he took a bottle of wine and knocked on her door: "Who's there?" She asks.
He says – "Juan Fernando Emanuel Eduardo di Silva. She replies – "Come in, and would the last one of you please close the door."

A Grandfather was reading the Bible with his grandson. "Grandad, were you in the Ark?" "No" laughed the Grandfather. The grandson asked "Then why did you not drown?"

From Only Fools and Horses: Trigger "I got a certificate from the council for using the same sweeping brush and not asking for a new one during the last 20 years" Del Boy "have you done any sweeping with it in those 20 years?" Trigger "Every day Del, during the last 20 years this brush has only had 6 new handles and 5 new heads"

What's Irish and sits outside in the summertime?

Patty O'Furniture!

Did you hear about the Native American who married a Scottish lady? They named their son 'Hawkeye – the – Noo'

A little lad is in a supermarket queue with his mum. In front of them is a very fat lady. Suddenly the phone in the fat lady's bag begins to beep. The little lad shouts "Look out mum she is going to reverse!"

I think my wife has gone off me as everything I do seems to annoy her. You know when you wake up in the morning, well that annoys her for a start.

I asked her what she would like for her birthday. She said "A Widow's pension please"

I told her I had been reading a bit of a naughty book and would she like to try some new positions. She said "New positons? Good Idea, you stand behind the ironing board and I'll lie on the settee breaking wind all night.

The other day I thought I was having a heart attack. She 'wrote' for an ambulance.

I have to say that she budgets very well. We do without all the things I don't need.

A seventy five year old guy went down on bended knee before the woman he loved and said "There are two questions I want to ask you His first question was "will you marry me?" She replied "I'd love to but what was the second question" He said "Can you help me get back up"

English Oddities

The English language is quite odd.
It must've been a different sort of bod,
Who thought this mess all out.
He really didn't know what talking was all about!

After all more than one mouse is mice,
But on my block we have houses not hice!
A goose can fly with a bunch of geese,
But in Canada I have not seen a herd of meese.

One man and a male friend make men,
Then you know as well as I that pan ain't ever
pen.

I put a foot down and stand on both feet,
But I wear some boots and definitely not beet!

I pull a tooth and have a gap in my teeth,
But at the fair they have booths not beeths.
This is one and two or more are these,
And I get one kiss but I don't get several kese!

How about a brother or a group of brethren?
Where as a lovely mother won't meet methren.
Then there's pronouns he, his, and him,
But you shan't say she, shis, and shim!

As you know it's tough with words like bough,
Whooping cough, and cookie dough,
And another thing you can start to hate,
Is how people take boats straight down the
strait!

And why doesn't nose sound like lose?
Why, tell me, is it goose and moose, then
choose?
I still haven't got a single, solitary clue,
And they tell me I've been talking since two!

Ellen Bailey

EDITOR: Graham Bridge.

If you wish to contact me on any of the topics in the
Newsletter then please call me on

01204 387704 or Mobile: 07894 810901

