

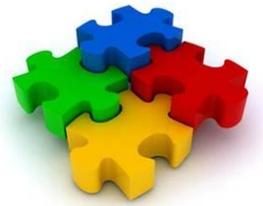
JIGSAW

(Joint Initiative Group for Stroke Awareness and Wellbeing)

NEWSLETTER

www.jigsaw-bsg.org.uk

Issue No 231 Tuesday 28th August 2018



Hi Everyone



"You are lucky, I don't give clues to everybody"

I liked today's meeting, there was a nice relaxed feeling to the afternoon.

The 'Greengrocer's was open again with more tomatoes from Jim and Maureen's allotment and baking apples from Shelagh's garden. Last week we raised £19.05p and this week we raised £21.20p. Thanks to all concerned.

Joan threw a cheeky picture into the picture quiz, so much so that no one was ever going to get all the questions right.



All of you were scratching your heads over picture No 11. The answer was 'picture of girl with her thumb in the air!' There were a few groans when I read that answer out.

Caroline from Healthwatch called in to ask for help with a survey about Carers, which I know several of you participated in, so thanks to all who did.

Linda Fell won the football card – well done, Linda!

Tesco 'Bags of Help Grant' – Stores taking part are Bolton Bradford Street Express, Bolton Little Lever Superstore, Farnworth Superstores, Kearsley Manchester Road Express and Radcliffe Water Street Express. If you shop at any of these stores please put a blue disc in the plastic container for Jigsaw Stroke Group each time you shop – **starting 1st September.**

The annual Feedback Forms were issued – these are to be completed by members to ensure we are running the group as you wish and to get an idea of what you like and what you don't. If you didn't attend today please make sure you complete one when you next attend the meetings (see Lynn for a copy) (Nice try to whoever asked 'can we have week in Las Vegas')

Best wishes to those ill, in hospital or convalescing and hope to see you soon.

Thanks to those that donated stamps and to all our volunteers and helpers

Bradley Fold Garden Centre – Thursday 23rd August 2018



Our apologies, but both Lynn and myself were so busy helping the Bradley Fold staff to set up the tables for our meal, we completely forgot to take photos of us having the meal. Oooops!

Suffice it to say, we did ask everyone about the evening and had great feedback that you all enjoyed both the meal and wandering around for a bit of retail therapy. (Edinburgh Woollen Mill seemed pleased with our visit, anyway).

Our thanks go to all the staff at Bradley Fold, as they stayed later than usual to help set up, serve the meal and clear away everything to be ready for the following day. In their words 'we are a really nice group'. So hopefully we can visit again sometime in 2019.

Thanks also to everyone who contributed to the 'tip' for the staff, they were very appreciative.

Notice: ACCESSIBLE TRAVEL & LEISURE LTD – Holidays Abroad for the Disabled

Many members will have seen the Holiday Brochure for Accessible Travel (Specialists in holidays overseas for disabled travellers) on the Information Table at Jigsaw meetings. We have been advised that due to the retirement of the Owner and Managing Director of this family firm, the Company will not be taking any further bookings for 2019 and the business will be wound down gradually and will honour all bookings made for 2019.

However, **Alison Parker** who has been with Accessible Travel for over 15 years and has a wealth of experience in all types of travel arrangements for people with disabilities, has decided to continue to offer travel for Disabled Travellers as an **independent travel consultant**. Alison is now a member of the independent group 'Travel Counsellors' and as such is ATOL registered and fully protected.

If you want any help with travel, Airport/Airline assistance or specialised holidays for disabled travellers, why not give Alison a call to see if she can help:

Phone: 07974 174 534

Email: ali.parker@travelcounsellors.com

Website www.travelcounsellors.com/ali.parker

OLYMPUS RESTAURANT – MONDAY 15th OCTOBER 2018

**Two Course Lunch (Main & Dessert) (Make your own way there and back)
Special Price £5.00 per person. (This is in memory of the late Anne Hayes – We promised Anne’s family that the monies they raised would contribute towards an outing to the Olympus as this was one of Anne’s favourite outings.)**



The list for this outing went up at the meeting today.

Tasos, Ali & the team will be welcoming us back to the Olympus and providing full waitress/waiter service for us as usual. We are limited to 66 people for this visit (Olympus’ request).

You make your own way there and back.

There will be a 2-course meal (main & dessert). There is a good choice of food – you **don’t** have to have the usual fish & chips – they have steamed fish, salmon, steak puddings, pies, jacket potatoes, moussaka, salads, sandwiches, homemade desserts, ice-cream etc). So, there is plenty of choice to suit most people.

Meeting at the Olympus at 11.30am/11.45am – Orders will be taken at 12 Noon.

Allow a couple of hours for a leisurely lunch (It takes some time to serve 66 people!) so arrange for Taxi’s/cars to pick you up at around 2.15pm-2.30pm.

If you want to go on this outing – please contact Lynn on 01204 387704 as soon as possible.

MEETING - TUESDAY 11TH SEPTEMBER 2019

We are sorry to announce that Margaret McDonald the International Mezzo Soprano is unable to be with us for this meeting as she is having to go into hospital. We send our best wishes to Maggie for a speedy recovery and hopefully we will be able to see her sometime next year.

We are trying to organise an alternative entertainment for this date.

WEDNESDAY 3RD OCTOBER 2018 - THEATRE ORGAN HERITAGE CENTRE



£5.00 per person (includes Coach & Admission)

We are running a **small** trip to the Theatre in Patricroft, Eccles. **(Maximum 12 People)**.

There will be a performance by 'David Lobbon' who is one of the Blackpool Tower Organists and also performs all over the country on 'Wurlitzer' Organs.

NB: this is not Church organ music but covers many decades of dance/popular music on a 3-tier Wurlitzer Organ and is a very entertaining afternoon. The Theatre also houses a Museum accessed via stairs and has a stairlift for those using wheelchairs or can't manage stairs. (You need to be able to transfer to a seat)

The Concert itself is from 1pm – 2.45pm with a short interval mid-way.

Departing Christ Church at 11am and returning from the Theatre at 3pm, getting back to Christ Church approx. 4pm (traffic permitting).

You can either take a sandwich for your lunch or buy a snack at the Theatre (these include Bacon Butty's and Toasties, Hot Dogs, Toasted Teacakes, Crumpets, Biscuits). Tea/Coffee also available.

If you think you might be interested please contact Lynn as soon as possible. Because of very limited numbers it will be on a first-come, first-served basis.

SPEAKEASY CONFERENCE – TUE 16TH OCTOBER 2018

10.00am – 2.30pm. Christchurch & Neighbourhood Centre,
Great Eaves Road, Ramsbottom, Bury BL0 0PX

Topics will include:

Update on Stroke and aphasia in the area

The pioneering work that Speakeasy is doing

Update on research and aphasia

Many of the presentations will be **given** by **people who have aphasia.**

There will also be a chance to **meet other people** affected by aphasia.

All information will be presented in a way that is **easier** for people with aphasia to **understand.**

- **Cost £13 for members**
- **£16** for healthcare staff and professionals
- **Lunch included**

Please book your place in advance. Cheques payable to Speakeasy

People who have aphasia can come along **on their own** although **carers** and healthcare professionals are very **welcome** to come too.

Please **ring** or **email** us if you would like **more information.**



01706 825802



office@buryspeakeasy.org.uk

NOTICES

Dates for your Diary for Forthcoming Meetings in 2018

Formal Meeting Tue 11th September
Entertainment To be arranged

'Drop In' Tue 25th September
Chill & Chat, Quizzes
+ Exercises with Ben

Formal Meeting Tue 9th October
The Travellin' Strings
Entertain

'Drop In' Tue 23rd October
Chill & Chat, Quizzes
+ Exercises with Ben

Remember – All meetings are the 2nd & 4th Tuesday of the month – sometimes there may be 3 weeks between dates – so please check the Newsletters or on the Website to confirm dates.

INFORMATION (for Stroke Survivors & Carers)

The Information Table is always being updated, as is the Book Library (more choice).

Books are located in the Coffee Lounge + we also have Audio Books on the Info Table. **Pop along and have a look there's always something new! e.g. Neuro Physios, Wiltshire Farm Foods, Carers Info, Holidays, Stroke News magazine, Speakeasy and more.....**

'See It – Say It' Communication Aid

We have a supply of the above leaflet. This is useful for anyone with aphasia or communication problems and uses pictures to help with communication. Normally retailing at £10 – Jigsaw has them available for members at £4. So, if you wish to have one, please see Lynn at the next meeting.

JIGSAW POLICIES

A copy of Jigsaw's Constitution, Equal Opportunities Policy, Health & Safety Policy, Fire Procedure and Safeguarding Adults at Risk Policy have been updated and are on display on the 'Information table'.

The Policies help to guide Jigsaw and incorporate new legislation.
If you would like a personal copy, please ask.

BIRTHDAY GREETINGS for September 2018

Barbara Butler
Sandra Jones
Mike Hallam
Ian Burns
Lynn Dingley
Shelley Fisher
Gwyneth Johnson
Ralph Livesey
Leanne Henstock
Mary Felton
Marilyn Fletcher

Remember if we do not have your birthday details then we can't give you a mention

TRANSPORT

For members using Taxis (organised by Jigsaw)

Please don't forget, if you require transport, please ensure you ring Lynn on 01204 387704 on the Wednesday before the meeting date, to confirm your seat.

The cost for the transport will be **£8** (Return)

Pay Graham on arrival at the meeting

In the event we need to use an alternative taxi the cost will be the same as above

HUMOUR SECTION Always remember this: You do not stop laughing because you grow old. You grow old when you stop laughing.

Teacher asks class to go home and write about childbirth. One boy asks his mother and father "how was I born" The mother replied "The stork brought you to us" The boy then asks "How were you and daddy born?" Mother replied "The stork brought us to your Grandpa and Grandma" The little boy goes to his room and writes in his book "This is a very difficult report to write, as there has not been a natural childbirth in our family for several generations"

A soldier ran up to a Nun and asked "I am being chased can I hide under your habit, I will explain later" The nun agreed and under the soldier went. Two MPs came by and the nun said "He went that way" so the MPs ran off. The soldier came out from under the habit and said "Thank you for that, I do not want to go to Afghanistan and I hope you don't mind me saying this, but you have a great pair of legs." The nun replied "not at all, if you had looked a bit higher you would have seen something else, I do not want to go to Afghanistan either"

Two men were in a pub. One says to his mate, "My mother-in-law is a real angel." His friend replies, "You're lucky. Mine is still alive."

Did you hear about the constipated accountant? He just couldn't budget.

The school phoned me today, to tell me that my son has been telling lies. I told them he must be very good at it, as I don't have any kids!

I went to Liverpool to a football match. As I got out of the car a little lad said "Can I watch your car for you Mister?" I said "No need to, there is a Rottweiler on the back seat" The lad replied "Oh, it can put fires out can it?"

In an English lecture the tutor asked a pupil "what do you think of Kipling?" The pupil replied "I can't answer that sir, as I have never Kippled"

What do you call a woman who only has one leg?
Eileen.

One of life's mysteries - How can a two pound box of candy make a person gain five pounds?

I came in late last night after a session at the pub. The wife shouted down from upstairs "what is all that noise about?"

"I called back "I am trying to get a barrel of beer upstairs" She shouts back "Leave the flaming thing down stairs until morning." I shout back "I can't, I've drunk it"

About a month before my grandfather died, my Grandmother covered his back with lots of lard. After that he went downhill very quickly.

A guy goes to the football match without a ticket and sees a ticket tout. He asks "how much are you selling them for?" The tout says "£100" The guy says "I could get a woman for that" The tout replies "Maybe, but you won't get 45 minutes each way and a band at half time"

Pier Gaston the famous chef was cremated yesterday. The service lasted for 30 minutes at Gas mark 7

My Younger Days

When I was in my younger days,
I weighed a few pounds less,
I needn't hold my tummy in
to wear a belted dress.

But now that I am older,
I've set my body free;
There's the comfort of elastic
Where once my waist would be.

Inventor of those high-heeled shoes
My feet have not forgiven;
I have to wear a nine now,
But used to wear a seven.

And how about those pantyhose-
They're sized by weight, you see,
So how come when I put them on
The crotch is at my knee?

I need to wear these glasses
As the print's been getting smaller;
And it wasn't very long ago
I know that I was taller.

Though my hair has turned to grey
and my skin no longer fits,
On the inside, I'm the same old me,
It's the outside's changed a bit.

internet

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