

JIGSAW

(Joint Initiative Group for Stroke Awareness and Wellbeing)

NEWSLETTER

www.jigsaw-bsg.org.uk

Issue No 213 Tuesday 14th November 2017



Hi Everyone



“The Entertainers”

I said that we have had some very nice afternoons of Entertainment at Jigsaw. I also said that we have had some ‘special’ afternoons of Entertainment and this was one of those.

What a great programme of music, popular songs and songs from the shows that we all knew. As I looked around the room many of you were mouthing the words. We all clapped when we were supposed to clap and we all waved our arms when we were supposed to wave our arms.

A great atmosphere and a good feel to the afternoon.

There were far too many songs to list here and we enjoyed them all. Songs from Beauty and the Beast, Tommy Steel’s Half a Sixpence – ‘Flash Bang What a Picture’, a Medley of Andrew Lloyd-Webber songs;- Jesus Christ Superstar – Don’t cry for me Argentina - Any Dream will do etc.

We had Now or Never, My Boy Lollipop, Brown Eyes Blue and Barry Manilow’s Copa Cabana and others. We were treated to some great solo performances, one of my favourites being ‘I am what I am’, ‘As if we never said Goodbye’ (Sunset Boulevard), and ‘It’s Now or Never’.

We clapped to Amarillo (Tony Christie) and waved our arms to the final song - Neil Diamond’s Sweet Caroline.

One of the soloists before he sang his song asked “Are we all feeling romantic?” I was sitting next to Trevor who said “It might be more appropriate for a group like ours if he asked ‘are we all feeling rheumatic”

The Entertainers tell us that they love coming to Jigsaw and they really lived up to their name and gave us a great afternoon.

CHRISTMAS LUNCH: Holiday Inn
Thursday 30th November. (See page 2 for details)

Christmas Party Christ Church:
Tuesday 12th December (See page 3 for details)

We send our best wishes to those who are ill, in Hospital or convalescing. Get well soon.

I will always end this front page in acknowledging our great volunteers and helpers. If the members could see what you do before and after the event I am sure they would be amazed. ‘Thank you’.



“As if we never said Goodbye”

CHRISTMAS LUNCH – HOLIDAY INN, BOLTON - THURSDAY 30TH NOVEMBER 2017
(make your own way there & back) £20 per person



If you want to go on the 'Wait List in case of cancellations please get in touch with Lynn as soon as possible. There are often last-minute cancellations due to illness, hospital appointments etc.

Members make their own way there & back and we suggest you use taxi's or car share to make it easier.

Parking on site is limited and it will be much easier for you to be dropped off at the door and collected later in the afternoon. **The Holiday Inn parking is now under the management of 'Parking Eye' and if you come in your own vehicle will need to ensure you register your vehicle registration number on arrival to qualify for free parking. (Don't forget your registration number).** Wheelchair users are advised that the underground car park area of the Hotel is quite small and congested but there is a lift to the ground floor. We suggest you drop off at the entrance and park on the outdoor car park. If the car park is full - Topp Way multi-storey car park is near-by and Genting Casino NCP Car Park is opposite the Hotel.

Arrival 11.45am for lunch served at 12.15pm.

Entertainment approx. 2pm (Russell Shaun – Swing Singer)

Teas / Coffees and biscuits approx. 3.45pm.

Event finishes at 4.30pm.

We have the room for all afternoon so you can stay to relax and have a few drinks if you want. At last year's summer event, a few of us were still in the room at 5.30pm!

Last year quite a few of you left early which put a dampener on the afternoon as several of the tables were left half empty and a couple of tables were left with only two people on each.

There is a lot of work goes on behind the scenes to try and provide an enjoyable afternoon for you all, so if some of you intend to leave early we would like you to tell us, so that maybe we can seat you on one table. That way the room can retain its atmosphere.





Christmas Party – Tuesday 12th December 2016

Christ Church 12.30pm - 4pm

£7.50 per person

NB: This is a ticket only event

If you have any special Dietary requirements please advise Lynn by the end of November.

There are still a few places left – so if you want to go contact Lynn asap.

There are some great Raffle Prizes with 1st Prize of £100 Cash & 2nd Prize of £50 + many more. Extra Raffle Tickets can be purchased on the day.

There is also a ‘ticket number’ prize so **make sure you bring your ticket** with you on the day.

Please note: Please be prompt & seated for 12.30pm as the Buffet will be served immediately. Note Changed times - 12.30pm start and a 4pm finish

Kenny Stephens is due to return to Jigsaw to entertain us with his singing.

12.30pm Buffet Lunch + Comfort Break

2.00pm (approx) **Kenny Stephens**

2.45pm (approx) Comfort Break

3.00pm (approx.) **Kenny Stephens**

3.40pm Raffle Draw 4.00pm Afternoon ends

The Car Park at Christ Church will be full - there is limited parking at the Health Centre across the road from Christ Church. There is also parking in the streets local to the Church.

To avoid any parking problems we suggest you come by Taxi or car share if you can.

Please arrange for any Taxi's, Transport to collect you at 4.15pm/4.30pm – Remember it will be congested!!



Numbered Tickets will be issued in due course.

Annual General Meeting to be held on Tuesday 13th February 2018

Under the rules of our Constitution we have to give you advance notice of our forthcoming AGM in 2018 (see above).

In January 2018 we will be issuing voting forms for you to re-elect or reject members of the present committee. If you would like to nominate someone or wish to join the committee yourself, please let me know as soon as possible.

Don't forget - If any Jigsaw member wishes to come along to any Committee Meeting to see what we do please just let me know. You are more than welcome.

CROSSROADS TOGETHER (formerly Crossroads) (Carers need support too)

Based at Thicketford Centre, Thicketford Road, Bolton BL2 2LW, Crossroads Together supports Carers and people with care needs including personal care services to adults and children in their own home including complex care, live-in care, dementia care and respite care.

There are charges for the services - if you want to know more check out the website: www.crossroadstogether.org.uk or phone 01204 365025

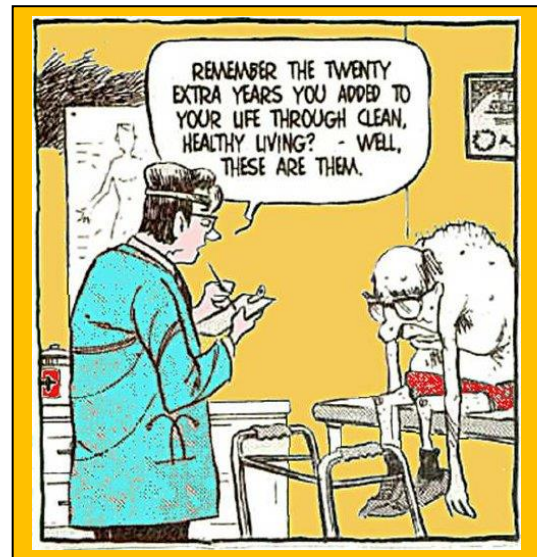
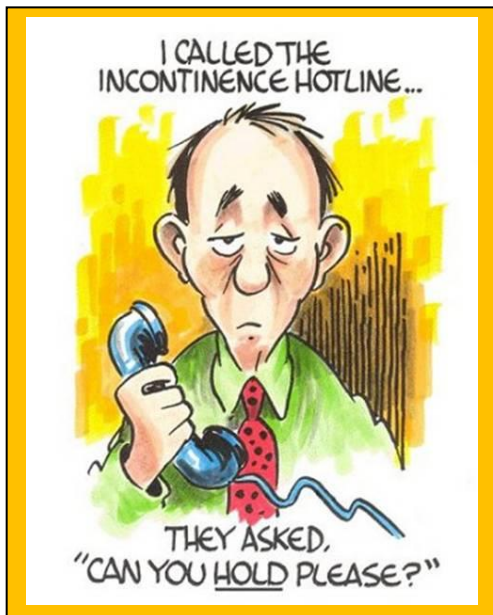
Meeting Dates for your Diary – 2018 (All Tuesdays)

	Formal Meeting	'Drop In'
January	9 th January	23 rd January
February	13 th February (AGM)	27 th February
March	13 th March	27 th March
April	10 th April	24 th April
May	8 th May	22 nd May
June	12 th June	26 th June
July	10 th July	24 th July
August	14 th August	28 th August
September	11 th September	25 th September
October	9 th October	23 rd October
November	13 th November	27 th November
December	11 th December (Christmas Party – Ticket Only)	

Events/Topics for these dates to be advised in due course

Remember just because you have a disability it shouldn't stop you enjoying life. You just have to do things differently and plan a bit more.

Some Funnies



NOTICES

Dates for your Diary for Forthcoming Meetings in 2017

'Drop In' Tue 28th November
Quizzes, Chill & Chat
+ Exercises with Ben

Christmas Party Tue 12th December
(Ticket only event)

There is a short break for Christmas & New Year and meetings start again on Tuesday 9th January 2018

2018

Formal Meeting Tue 9th January 2018
Welcome back - Pasty & Peas Lunch

Remember – All meetings are the 2nd & 4th Tuesday of the month – sometimes there may be 3 weeks between dates – so please check the Newsletters or on the Website to confirm dates.

TRANSPORT

For members using Taxis (organised by Jigsaw)

Please don't forget, if you require transport, please ensure you ring Lynn on 01204 387704 on the Wednesday before the meeting date, to confirm your seat.

The cost for the transport will be £8 (Return)
Pay Graham on arrival at the meeting

In the event we need to use an alternative taxi the cost will be the same as above

INFORMATION (for Stroke Survivors & Carers)

The Information Table is always being updated, as is the Book Library (more choice).

Books are located in the Coffee Lounge + we also have Audio Books on the Info Table. **Pop along and have a look there's always something new!** e.g. Wiltshire Farm Foods, Carers Info, Holidays, Stroke News magazine Physios, Counselling and more.....

'See It – Say It' Communication Aid

We have a supply of the above leaflet. This is useful for anyone with aphasia or communication problems and uses pictures to help with communication. Normally retailing at £10 – Jigsaw has them available for members at £4. So, if you wish to have one, please see Lynn at the next meeting.

WHEELCHAIR ACCESSIBLE TAXI PHONE NUMBERS

Here are a few numbers for your reference – all are roomy 'Black Cab' style Taxis:-

Nigel's Taxi 07737 472847

Stephen Jackson 07757 608034

Wal 07866 740031

Street Cars (Ajaz & Wajid) 07766 207454 (Ajaz) 07916 802833 (Wajid)

Bowcock Private Hire (Andy) 07860 801830 (Peugeot E7 Wheelchair Taxi)

Ricksway Private Hire (Rick) 07958 788816 (Peugeot E7 Wheelchair Taxi)

Ken's Cabs 07800 546876/0770 418 7735

We are always on the lookout for Wheelchair Accessible Taxis – so if you have used one that is not on the list above please let us know and we can spread the word!

(If you know of any with a tail-lift do let us know – We are aware that most of these are on contract for school runs during the day but can be available outside these hours).

HUMOUR SECTION Always remember this: You do not stop laughing because you grow old. You grow old when you stop laughing.



No Grandma,
Listen,
Double-click the Internet
Explorer Icon.

“Oh yes, my teeth are all my own. I have just finished paying for them”

Doctors have completed a survey and concluded that half the patients that get up in the night and think they are dying, are usually suffering from wind.

I was invited to a wedding and the invitation stated that the wedding would be in a Marquee. When I got there, I was not aware that the bride would be wearing it.

Lady down the street used to tell everybody that she suffered from Agoraphobia so that neighbours would do her shopping, but when her chip pan caught fire she was the first one out of the house!

My aunt died at precisely 10-47am and the old Grandfather Clock stopped precisely at that time also. It fell on her.

In India when a man dies the widow is expected to throw herself on the funeral pyre. In this country the widow drags herself into the kitchen and says “72 baps, Connie, you slice I’ll spread.”

My Mother and I paid out for a séance in Widnes. We wanted to contact my father because we were going camping and couldn’t find the tent pegs and mallet.

Why do the Army recruit men instead of women, when men have trouble hitting the toilet rim.

The Army have been trying to cross a pigeon with a Woodpecker. They want the bird to knock on the door and then deliver the message.

I never thought that I was ugly. When I was younger we used to play Spin the Bottle. When the bottle stopped the girl could kiss you or give you sixpence. By the time I was 15 I owned my own house!

A caller asked telephone enquiries for the number of a knitwear factory in Woven. Operator asks “Woven, are you sure you have the right place?”
Caller says “Yes. That’s what it says on the Label ‘Woven in Scotland”

Harry finally managed to stop smoking. He discovered the only way to stop the cravings was to continually chew on toothpicks. Sadly he died of Dutch Elm Disease.

Welcome Home

I saw him coming up the street,
So spent and weary that his feet
Seemed like two heavy weights of lead;
Ah, he had known so hard a day,
Small wonder that he looked that way,
And slouched along with drooping head!

Then, suddenly, with frantic shout,
A little yellow dog rushed out
A yard, to greet the tired man;
He licked his hands, he kissed his face,
Then dashed ahead in eager race,
Then back again he gaily ran!

The tired worker laughed aloud,
Straightened his shoulders; through the crowd
Pressed on; his feet seemed to take wings
So fast he walked as he went up
The street toward home the yellow pup
All joyous leaps and caperings.

O little dog so fond and true,
Much good in life you surely do
When you can make a man so spent
Forget fatigue -- make him so glad
He acts like any madcap lad,
And laughs aloud with merriment!

Louella C. Poole
Internet

EDITOR: Graham Bridge.

If you wish to contact me on any of the topics in the
Newsletter then please call me on

01204 387704 or Mobile: 07894 810901