

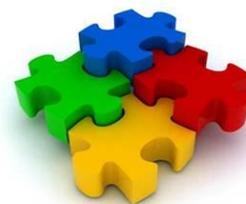
# JIGSAW

(Joint Initiative Group for Stroke Awareness and Wellbeing)

## NEWSLETTER

[www.jigsaw-bsg.org.uk](http://www.jigsaw-bsg.org.uk)

Issue No 210 Tuesday 26th September 2017



Hi everyone.



A smaller turn out than usual but still a lovely relaxed afternoon.

I thought the quizzes were quite difficult to day. The picture quiz proved a challenge for quite a few as so many of you knew the faces or people on the picture quiz but didn't quite get their names. Ah well, there's always next time.

**The list went up today for the Christmas Lunch at the Holiday Inn. Details on Page 3. If you weren't at the meeting today please give Lynn a call to book your place.**

**Those going on the Olympus Restaurant Trip on Monday 2 October please be there for 11.30-11.45am. Orders will be taken at 12 Noon.**

**If you can't go on the day ring Graham on 07894 810901.**

Don't forget to vote for Jigsaw via the Skipton Building Society – we are on the shortlist for a possible grant. See Page 5.



Ben

We had Ben take the chair-based exercises for the first time this meeting and seems to have done quite well and you enjoyed the session.

He was even told by John to make sure he had ABBA music with him! Due to the road works and diversions at Moses gate, we thought he might be delayed but he successfully used his Sat Nav and arrived on time. We will see Ben again at the next 'Drop In.

Our best wishes go to those who are ill, in hospital or convalescing and we hope to see you soon.

Thanks to those who donated 2<sup>nd</sup> class stamps, much appreciated.

Dont' forget **First Buses** are on strike for the 4 Mondays in October.

**Please do support our Fundraising Concert with the Ladybridge Singers on Saturday 14<sup>th</sup> October here at Christ Church 1.30pm – 4.00pm. If you or your family and friends would like tickets contact Lynn. See Page 2 for details.**

Thanks, as always, go to our fantastic Volunteers and Helpers.

**CONCERT – THE LADYBRIDGE SINGERS – SATURDAY 14<sup>TH</sup> OCTOBER 2017 - £5 each (which includes tea/coffee & biscuits) (Afternoon Concert – 1.30pm until 4.00pm) - Tickets now available from Lynn on 01204 387704 or via the Church**



The Concert is in aid of Jigsaw & Christ Church with proceeds split between each. The Ladybridge singers are a 35-strong choir who will be entertaining us with a variety of songs, popular, musical, choral, sea shanties and more.

*(We have previously had a small number of the choir entertain us at meetings and they have been excellent.)*

**This is a chance to hear the whole choir which will be brilliant!**

**Please ask family & friends to support this Saturday afternoon event to help raise funds. The more people the better. (the concert will be held in the Church itself).**

**It's the first time we have held any weekend event so please try to support us.**

**Limited Parking is available on site at the Church, across the road at the Health Centre or at the rear of the shops on Little Lever high street (a short distance away).**

**We suggest you come by Taxi to avoid any difficulties.**

**MEETING – TUESDAY 10<sup>TH</sup> OCTOBER 2017 SPEAKER – ERIC NEWTON  
'The Life & Times of a Busker'**



Eric's talk is 'Life & Times of a Busker' - an Amusing and Uplifting Tale with happy foot-tapping music on the Clarinet.

**CHRISTMAS LUNCH – HOLIDAY INN, BOLTON - THURSDAY 30<sup>TH</sup> NOVEMBER 2017**  
**(make your own way there & back) £20 per person**



The list for this event went up at the meeting today and we had a good response. There are limited numbers, so if you want to go on this outing please ensure you contact Lynn as soon as possible.

There will be a 3-course Christmas Lunch plus entertainment for the afternoon.

If you have specific dietary requirements you need to advise.

As in previous years, you make your own way there and back and we suggest you use taxi's or car share. Parking on site is limited and it will be much easier for you to be dropped off at the door and collected later in the afternoon. **The Holiday Inn parking is now under the management of 'Parking Eye' and you will need to ensure you register your vehicle registration number on arrival to qualify for free parking. Wheelchair users would be advised to park on the underground area of the Hotel as there is a lift to the ground floor.** Topp Way multi-storey car park is also near-by and Genting Casino NCP Car Park is opposite the Hotel.

Arrival **11.45am for lunch served at 12.15pm.** Entertainment approx. 2.00pm to 3.45pm and this year **Russell Shaun** will join us to entertain for the afternoon. Russell is a 'swing singer' with a brilliant voice. Some of you will remember Russell came to sing at our Christmas Party a couple of years ago and he was brilliant. If you want to check him out visit 'You Tube'. Teas / Coffees and biscuits approx. 3.45pm. Event finishes at 4.30pm.

We have the room for all afternoon so you can stay to relax and have a few drinks if you want. At last year's summer event, a few of us were still in the room at 5.30pm!

Last year quite a few of you left early which put a dampener on the afternoon as several of the tables were left half full and a couple of tables were left with only two people on each.

There is a lot of work goes on behind the scenes to try and provide an enjoyable afternoon for you all, so if some of you intend to leave early we would like you to tell us, so that maybe we can seat you on one table. That way the room can retain its atmosphere.



## Christmas Party – Tuesday 12<sup>th</sup> December 2016

Christ Church 12.30pm - 4pm £7.50 per person

**NB: This is a ticket only event**



As in previous years the Jigsaw Christmas Party will be held here at Christ Church and will include a Buffet lunch, Entertainment and Raffle. The ticket price includes one strip of Raffle tickets with the 1<sup>st</sup> Prize being £100 with 2<sup>nd</sup> Prize of £50. (there are also other prizes). Extra Raffle Tickets will be available to purchase on the day.

We will also be having a 'ticket number' prize so **make sure you bring your numbered ticket** with you.

Kenny Stephens is due to return to Jigsaw to entertain us with his singing.

**Please note:** The Party is held from **12.30pm – 4.00pm** (this is a slightly earlier time from our meetings and it is a 4pm finish – **so arrange Taxi's for 4.15/4.30pm**). The reason being is to help ease traffic congestion in the Car Park and surrounding area!!

**Please be prompt as we start the buffet at 12.30pm**

Numbered Tickets will be issued in due course. Full programme in the next Newsletter. **If you have any special Dietary requirements please advise Lynn as soon as possible.**

## SAD NEWS – Mary Cookson died Sun 24 Sept 2017 aged 92 years



Mary had been a member of Jigsaw for several years. However, she has been unable to attend the group for a couple of years due to ill-health.

Mary loved to come to meetings and found they helped her in many ways to socialise, meet friends and get out and about. The Newsletters were of great benefit to her when she was unable to get to the group.

Many of us attended Mary's 90<sup>th</sup> birthday a few years ago, which she really enjoyed as did those who attended. She requested money in lieu of presents and raised lot of money for Jigsaw.

Along with having a great sense of humour, Mary loved to come on the many trips out and various lunches that we had over the years.

Our sincere condolences to Mary's family and many friends.

**Remember just because you have a disability it should not stop you enjoying life. You just have to do things differently and plan a bit more.**

### **FUNDING – SKIPTON BUILDING SOCIETY.**

As you know we are always looking for funding and earlier this year we applied to The Skipton Building Society for a grant of £500. We have been told that from hundreds of applications we have reached the short list, which is really good.

However, to be successful, Skipton have left the decision to the Public and they can go online to vote or call in the Bolton branch on Deansgate to vote. So if you can go online, just find The Skipton Building Society ([www.Skiptongrg.co.uk](http://www.Skiptongrg.co.uk)) and find the voting section or pop into the Bolton Branch which is opposite **Nat West Bank on Deansgate.**

We may be successful or we may not but it would be interesting as to how we get on.  
**Voting closes on 13<sup>th</sup> October 2017**

### **Can you help collect used stamps for the Church.**

Collect any old stamps and bring them to the meetings. We can then pass them on to the Church. If possible can you try to have as much as much of the envelope around the stamp as possible.

### **WHEELCHAIR ACCESSIBLE TAXI PHONE NUMBERS**

Here are a few numbers for your reference – all are roomy ‘Black Cab’ style Taxis:-

<b>Nigel’s Taxi</b>	<b>07737 472847</b>	
<b>Stephen Jackson</b>	<b>07757 608034</b>	
<b>Wal</b>	<b>07866 740031</b>	
<b>Street Cars (Ajaz &amp; Wajid)</b>	<b>07766 207454 (Ajaz)</b>	<b>07916 802833 (Wajid)</b>
<b>Bowcock Private Hire (Andy)</b>	<b>07860 801830</b>	<b>(Peugeot E7 Wheelchair Taxi)</b>
<b>Ricksway Private Hire (Rick)</b>	<b>07958 788816</b>	<b>(Peugeot E7 Wheelchair Taxi)</b>
<b>Ken’s Cabs</b>	<b>07800 546876/0770 418 7735</b>	

**We are always on the lookout for Wheelchair Accessible Taxis – so if you have used one that is not on the list above please let us know and we can spread the word! (If you know of any with a tail-lift do let us know – We are aware that most of these are on contract for school runs during the day but can be available outside these hours).**

## NOTICES:

### Dates for your Diary for Forthcoming Meetings in 2017 (1pm – 3pm)

Formal Meeting	Tue 10 <sup>th</sup> October Speaker – Eric Newton 'Life & Times of a Busker'
'Drop In'	Tue 24 <sup>th</sup> October Quizzes, Chill & Chat + Exercises with Ben
Formal Meeting	Tue 14 <sup>th</sup> November 'The Entertainers' sing for us
'Drop In'	Tue 28 <sup>th</sup> November Quizzes, Chill & Chat + Exercises with Ben

Remember – All meetings are the 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the month – sometimes there may be 3 weeks between dates – so please check the Newsletters or the Website to confirm dates.

### INFORMATION (for Stroke Survivors & Carers)

The Information Table is always being updated, as is the Book Library (more choice) now located in the Coffee Lounge + Audio Books. **Pop along and have a look there's always something new! e.g. Wiltshire Farm Foods, Holidays, Physios, Counselling, etc**

### 'See It – Say It' Communication Aid

We have a supply of the above leaflet. This is useful for anyone with aphasia or communication problems and uses pictures to help with communication. Normally retailing at £10 – Jigsaw has them available for members at £4.00. So if you wish to have one, please see Lynn at the next meeting.

### JIGSAW POLICIES

You may be aware Jigsaw has various documents and policies which help guide the group. There is Jigsaw's Constitution, Equal Opportunities Policy, Health & Safety Policy and Safeguarding Adults at Risk Policy.

These Policies have been in place for some considerable time and they have now been reviewed and updated. If you want to see them, they will be in a binder on the 'Information Table' at meetings. There will also be a few spare copies if anyone wants to have a copy of them.

## BIRTHDAY GREETINGS

For October 2017

Jim Allen  
Sheila Wilson  
Anne Hayes  
Ian Whaley  
Jean Hurst  
Bryn Williams  
Bob Welsby  
Vivien Fowler  
Sue Millington  
Margaret Pyatt  
Wendy McLaren  
Les Taylor

Remember if we do not have your birthday details then we can't give you a mention

### TRANSPORT

For members using the Taxi or transport arrangements we provide.

Please don't forget, if you require transport, please ensure you ring Lynn on 01204 387704 on the Wednesday before the meeting date, to confirm your seat.

The cost for the transport will be **£8** (Return)

**Pay Graham on arrival at the meeting**

In the event we need to use an alternative taxi the cost will be the same as above

**HUMOUR SECTION** Always remember this: You do not stop laughing because you grow old. You grow old when you stop laughing.

When Neville Chamberlain resigned as Prime Minister in 1940, Lord Halifax rather than Churchill was his preferred replacement. But on the key afternoon when the decision was taken Halifax chose to go to the dentist. If Halifax had had better teeth, we might have lost the war.

A friend of mine moved into an Apartment which only allowed small pets. I called round the other day and she said "meet my new small pet. He's my newt"

I bought a Mini some years ago. The Salesman said "you will get a lot of pleasure out of it"  
He was right, I got a great deal of pleasure every time I got out of it.

Who discovered that a cow can produce milk and what was he thinking of at the time?

I have been having a lot of trouble with my car so I took it to the garage and left it with them to put it right. I rang to see what progress they had made and the mechanic said "If it had been a horse they would have shot it"

Mrs Slocum ('Are you Being Served' ) said to Mr Lucas "I met my husband during an air raid. The bombs were raining down and I saw his face lit by an incendiary. He threw me on my face and said 'Look out here come a big one!'  
I suppose there wasn't much time for chatting in those days".

Why is Miss Universe always won by someone from Earth?

When people show you a picture on their mobile phone, of their baby which looks like a Cashew nut with hair growing out of it, the best thing to say is "Nice Phone"

My Bank manager went in for a heart transplant. They could not find a stone the right size.

Martha was a friendly, but clumsy usherette. The other day she tripped over, landed on her torch and showed herself up in the circle.

I booked a table the other night and the wife went mad. She doesn't like snooker.

My Grandad told me that just after the war a German prisoner of war was sent round to tend to his garden. He seemed a nice friendly chap but when the crocuses came up in 1946 they spelt 'Heil Hitler'

I was given a single room in a hotel and the room was so small, I put the key in the lock and broke a window!

In a musical starring Bonnie Langford, the child star, a horse pooped on stage. Noel Coward was heard to say "If they had stuffed the child stars head up the horse's backside, they would have solved two problems at once.

On holiday recently in Spain, I saw a sign "English speaking doctor"  
I thought "What a good idea, why don't we have them in our country?"

## POETS CORNER

### Supermarket Blues

I wonder when I go shopping,  
Trouble is always in the offing?  
First of all, I am no ace  
At picking out a parking space.

There is always in front of me,  
Some-one parking trouble free, While the  
car that is just behind,  
Parks in a spot I could not find.

The traumatic thing - my folly  
I can never find a shopping trolley.  
But when I do it is no big deal  
It is the one with the wonky wheel.

I head straight for those special offers,  
Willing to dig deep in my coffers.  
But you know my luck without doubt,  
Up goes the sign "Just sold out"

In the checkout queue I bicker  
"All the other queues move quicker.  
I see one empty, dash to beat the bunch  
"Sorry madam, just closing for lunch"

Then out to the car park, off I go,  
(My plastic handle breaks, you know)  
The way things are you have to believe it.  
Now I can't find the car, where did I leave  
it?

'Yours' Magazine

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